

Dr Thomas Dannhauser PhD, MRCPsych MBChB

Consultant & Honorary Senior Lecturer in Psychiatry

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ADHD Evaluation Summary and Recommendations

Name: Doe, John

Age: 45 Sex: M Test Date: 14/09/2020 12:07 PM On Meds: U

Dear John,

Based on the results of the IVA-2 attention test, DIVA questionnaire and history provided via the online form, it appears very likely that you have adult ADHD.

It also appears that you are suffering with depression. You also reported several OCD symptoms, and it needs to be clarified if these relate to ADHD symptoms.

As you have not been seen in person, a definite diagnosis cannot be made. I therefore recommend an assessment with a psychiatrist to confirm the diagnosis of ADHD and offer treatment because it is likely the main cause of your symptoms and problems. ADHD is ordinarily a very treatable condition with more than 90% of people responding to treatment.

What follows below is a summary of the relevant findings from your evaluation.

Yours sincerely



Dr. Thomas Dannhauser (Ph.D. MRCPsych, MBChB)
Consultant & Honorary Senior Lecturer in Psychiatry

Psychiatric History Summary

- Diagnosed conditions: generalised anxiety disorder
- ADHD symptoms reported:
- Positive screening for: ADHD (**Barkley's Adult ADHD screener: Positive 7/7** (cut off for ADHD >4)), depression (*PHQ-9 Score: 21/27* (Depression: 5-mild; 10-moderate, 15-moderate-severe; 20-severe)), generalised anxiety (*GAD-7 Score: 12/21* (5-mild; 10-moderate, 15-severe)), OCD (*Obsessive Compulsive Inventory (OCI-R) Score: 28/72* (cut-off for OCD>21)), dyslexia (**Adult Dyslexia Checklist Score: 0/16.** (Dyslexia scores > 9 indicate dyslexia-type problems))
- Positive family history: depression (brother), gambling addiction (father).
- Increased risk of mood disorders and ADHD diagnosis due to 1 Adverse Childhood Experience (Alcoholism and/or drug use at home.)
- Occupational failure: low productivity.
- Education: he struggled to learn.
- Alcohol and substance use: None
- Internet/gaming/social media use: He spends an average of 6.0 hours per day on discretionary screen time and devices. Internet-gaming addiction criteria met: 2/8
- Medical history: born 6 weeks premature, increasing likelihood of attention problems.
- Current prescribed medication: none

Test and Questionnaire Result Summary

Result of DIVA questionnaire for ADHD: Positive for adult ADHD, predominantly combined type.

Result of IVA-2 attention test for ADHD: Positive for adult ADHD, predominantly inattentive type.

IVA-2 Detailed Report

OVERVIEW OF THE IVA-2 CPT AND GENERAL INTERPRETIVE GUIDELINES

This IVA-2 Detailed Report requires the test to be administered in accordance with the specified test guidelines under the supervision of a licensed health care professional who is qualified in the use and interpretation of psychological tests. The test is not to be used as a standalone diagnostic instrument. By itself, it does not identify the presence or absence of any clinical diagnosis. The function of the IVA-2 CPT is to aid examiners in making their diagnosis as part of a comprehensive evaluation of clients who present with ADHD-type symptoms. The relevant strengths and weaknesses for each of the Attention and Response Control Global Scales will be reviewed. Detailed descriptions of the test scales are included in this report.

The IVA-2 CPT (Integrated Visual & Auditory 2 Continuous Performance Test) is a test of attention and impulsivity that measures responses to 500 intermixed auditory and visual stimuli spaced 1.5 seconds apart. The task is to click the mouse to the target stimuli which is either an auditory or visual "1" and to refrain from clicking when the foil stimulus (i.e., an auditory or visual

IVA-2 Standard Scale Analysis

Name: Carrier, Karl

Test Date: 02/08/2024 12:07

Age: 45

DOB: 30/05/1979

Sex: M

On Meds: L

Highest Education:

Examiner ID: Unknown

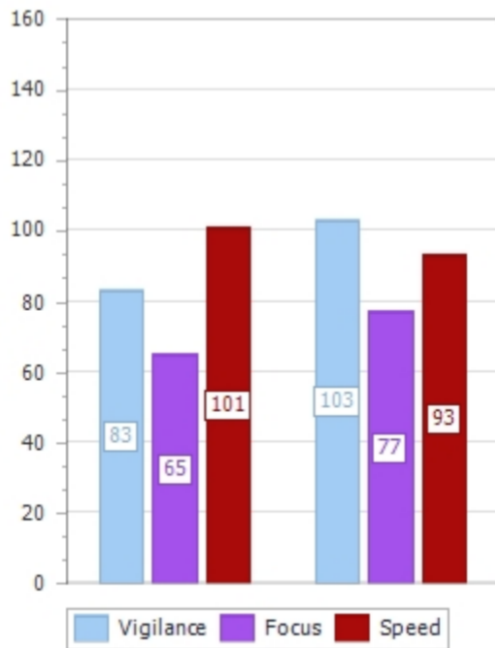
FS Attention Quotient = 81

Auditory

Visual

AQ = 78

AQ = 87



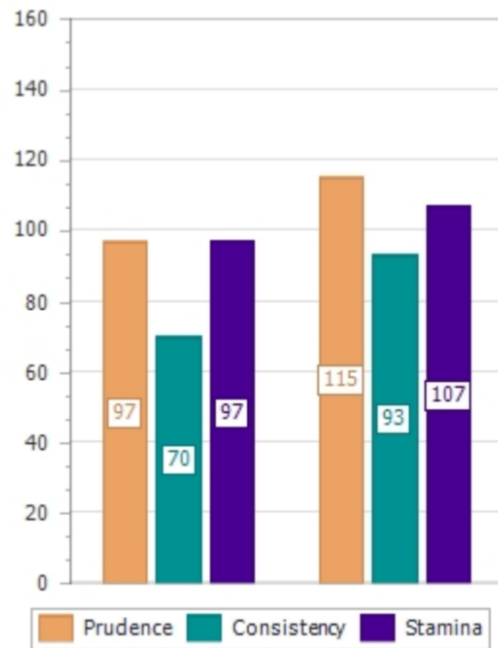
FS Response Control Quotient = 94

Auditory

Visual

RCQ = 83

RCQ = 107



Sustained Auditory Attention Quotient = 68

Sustained Visual Attention Quotient = 108

Auditory Response Validity Check: Valid

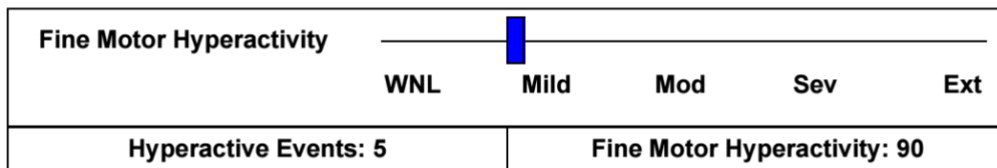
Visual Response Validity Check: Valid

Attention Factor: Positive

Impulsive Hyperactivity Factor: Negative

Auditory		ATTENTION		Visual
Raw	Quotient	Primary Scales	Quotient	Raw
97.8%	83	Vigilance	103	100.0%
67.4%	65	Focus	77	73.0%
581 ms	101	Speed	93	447 ms

Auditory		RESPONSE CONTROL		Visual
Raw	Quotient	Primary Scales	Quotient	Raw
97.3%	97	Prudence	115	100.0%
70.6%	70	Consistency	93	76.1%
97.9%	97	Stamina	107	102.8%



Symptomatic	Raw	Quotient	WNL	Mild	Mod	Sev	Ext
Comprehension (A)	96.2%	71					
Comprehension (V)	100.0%	103					
Persistence (A)	111.4%	106					
Persistence (V)	99.2%	97					
Sensory/Motor (A)	199 ms	118					
Sensory/Motor (V)	239 ms	100					

Test Version IVA-2 2023.3

Device: Web

ENGLISH

DIVA-5

**Diagnostic Interview for ADHD
in adults (3rd edition; DIVA-5)**

Diagnostisch **I**nterview **V**oor **A**DHD bij volwassenen

DIVA

Name of the patient

John Doe

Date of birth

31/12/1989

Sex

Male

Date of interview

21/05/2020

Name of clinician/interviewer

Jane Sekibo

Patient number

- **This questionnaire is used to ask about the presence of ADHD symptoms that you experienced during your childhood and adulthood.**
- **The questions are based on the official criteria for ADHD in the DSM-IV.**
- **For each question you can indicate your answer by ticking the boxes of the examples that apply to you.**
- **You can also add examples to in the box at the end.**
- **You should ask your partner (if possible) to help with answers to the adulthood symptoms and your parents (if possible) with the childhood symptoms.**

Are you getting help with completing the questionnaire from your partner or a friend who has lived with you?

Yes

Are you getting help with completing the childhood symptoms from one of your parents or an older brother/sister who lived with you when you were a child?

No

Part 1: Symptoms of attention-deficit (DSM-V criterion A1)

Instructions: the symptoms in adulthood have to have been present for at least 6 months. The symptoms in childhood relate to the age of 5-12 years. For a symptom to be ascribed to ADHD it should have a chronic trait-like course and should not be episodic.

Criterion A1

A1 - Do you often fail to give close attention to details, or do you make careless mistakes in your work or during other activities? And how was that during childhood (in schoolwork or during other activities)?

Examples during adulthood:
Makes careless mistakes
Does not read instructions carefully
Overlooks or misses details
Works too quickly and therefore makes mistakes

Other

Symptom present:
Yes

Examples during childhood:

Other

Symptom present:
No

A2 - Do you often have difficulty sustaining your attention in tasks? And how was that during childhood (in play activities)

Examples during adulthood:
Not able to keep attention on tasks for long*
Quickly distracted by own thoughts or associations
Easily distracted by unrelated thoughts

Other

*Unless the subject is found to be really interesting (e.g. computer or hobby)

Symptom present:
Yes

Examples during childhood:
Difficulty keeping attention on schoolwork
Easily distracted
Difficulty concentrating*

Other

*Unless the subject is found to be really interesting (e.g. computer or hobby)

Symptom present:
Yes

A3 - Does it often seem as though you are not listening when you are spoken to directly? And how was that during childhood?

Examples during adulthood:
Dreamy or preoccupied
Difficulty concentrating on a conversation
Mind seems elsewhere, even in the absence of any obvious distraction

Other

Symptom present:
Yes

Examples during childhood:

Other

Symptom present:
No

A4 - Do you often not follow through on instructions and often fail to finish chores or duties in the workplace? And how was that during childhood (in schoolwork)?

Examples during adulthood:

Starts tasks but quickly loses focus and is easily sidetracked
Needing a time limit to complete tasks
Difficulty completing administrative tasks
Difficulty following instructions from a manual

Other

Symptom present:

Yes

Examples during childhood:

Starts tasks but quickly loses focus and is easily sidetracked
Needing a lot of structure in order to complete tasks

Other

Symptom present:

Yes

A5 - Do you often find it difficult to organise tasks and activities? And how was that during childhood?

Examples during adulthood:

Examples during childhood:

Difficulty playing alone
Doing things in a muddled way
Difficulty keeping himself/herself entertained

Other

Other

Symptom present:

No

Symptom present:

Yes

A6 - Do you often avoid (or do you dislike, or are you reluctant to engage in) tasks that require sustained mental effort? And how was that during childhood?

Examples during adulthood:

Often postpone boring or difficult tasks
Do not like reading due to mental effort
Avoidance of tasks that require a lot of concentration

Examples during childhood:

Avoidance of homework or has an aversion to this
Reads few books or does not feel like reading due to mental effort
Avoidance of tasks that require a lot of concentration
Aversion to school subjects that require a lot of concentration
Often postpones boring or difficult tasks.

Other

Other

Symptom present:

Yes

Symptom present:

Yes

A7 - Do you often lose things that are necessary for tasks or activities? And how was that during childhood?

Examples during adulthood:
Mislays wallet, keys, or agenda
Often leaves things behind

Examples during childhood:
Loses school materials, pencils, books, or other items
Spends a lot of time searching for things

Other

Other

Symptom present:
Yes

Symptom present:
Yes

A8 - Are you often easily distracted by extraneous stimuli? And how was that during childhood?

Examples during adulthood:
Difficulty shutting off from external stimuli
After being distracted, difficult to pick up the thread again
Easily distracted by noises or events
Easily distracted by the conversations of others
Difficulty in filtering and/or selecting information

Examples during childhood:
In the classroom, often looking outside
Easily distracted by noises or events
After being distracted, has difficulty picking up the thread again

Other

Other

Symptom present:
Yes

Symptom present:
Yes

A9 - Are you often forgetful during daily activities? And how was that during childhood?

Examples during adulthood:
Forgets appointments or other obligations
Forgets keys, agenda etc.
Needs frequent reminders for appointments
Returning home to fetch forgotten things
Rigid use of lists to make sure things aren't forgotten
Forgets to do chores or run errands

Examples during childhood:
Forgets appointments or instructions
Has to be frequently reminded of things
Half-way through a task, forgetting what has to be done
Forgets to take things to school
Leaving things behind at school or at friends' houses

Other

Other

Symptom present:
Yes

Symptom present:
Yes

Part 2: Symptoms of hyperactivity-impulsivity (DSM-V criterion A2)

Instructions: the symptoms in adulthood have to have been present for at least 6 months. The symptoms in childhood relate to the age of 5-12 years. For a symptom to be ascribed to ADHD it should have a chronic trait-like course and should not be episodic.

Criterion A2:

H/I 1 - Do you often move your hands or feet in a restless manner, or do you often fidget in your chair? And how was that during childhood?

Examples during adulthood:

Difficulty sitting still
Fidgets with the legs
Tapping with a pen or playing with something
Fiddling with hair or biting nails

Examples during childhood:

Fiddling with hair or biting nails

Other

Other

Symptom present:

Yes

Symptom present:

Yes

H/I 2 - Do you often stand up in situations where the expectation is that you should remain in your seat? And how was that during childhood?

Examples during adulthood:

Often leaves his/her place in the office or in the workplace
Prefers to walk around rather than sit
Never sits still for long, always moving around
Makes excuses in order to be able to walk around

Examples during childhood:

Other

Other

Symptom present:

Yes

Symptom present:

No

H/I 3 - Do you often feel restless? And how was that during childhood?

Examples during adulthood:

Feeling restless or agitated inside
Constantly having the feeling that you have to be doing something
Finding it hard to relax

Examples during childhood:

Other

Other

Symptom present:

Yes

Symptom present:

No

H/I 4 - Do you often find it difficult to engage in leisure activities quietly? And how was that during childhood?

Examples during adulthood:

Difficulty doing activities quietly
Difficulty in speaking softly

Other

Symptom present:

Yes

Examples during childhood:

Other

Symptom present:

No

H/I 5 - Are you often “on the go” or do you often act as if “driven by a motor”? And how was that during childhood?

Examples during adulthood:

Always busy doing something
Is uncomfortable being still for extended time, e.g. in restaurants or meetings
Others find you restless or difficult to keep up with
Finds it difficult to let things go, excessively driven

Other

Symptom present:

Yes

Examples during childhood:

Other

Symptom present:

No

H/I 6 - Do you often talk excessively? And how was that during childhood?

Examples during adulthood:

Finds it difficult to stop talking
Tendency to talk too much

Other

Symptom present:

Yes

Examples during childhood:

Known as a chatterbox
Not giving others room during a conversation

Other

Symptom present:

Yes

H/I 7 - Do you often give the answer before questions have been completed? And how was that during childhood?

Examples during adulthood:

Giving people answers before they have finished speaking
Completing other people's sentences

Examples during childhood:

Interrupts others before sentences are finished
Difficulty waiting for turn during conversations

Other

Symptom present:

Yes

Other

Symptom present:

Yes

H/I 8 - Do you often find it difficult to await your turn? And how was that during childhood?

Examples during adulthood:

Being impatient

Examples during childhood:

Other

Other

Symptom present:

Yes

Symptom present:

No

H/I 9 - Do you often interrupt the activities of others, or intrude on others? And how was that during childhood?

Examples during adulthood:

Having an opinion about everything and immediately expressing this

Examples during childhood:

Interrupts the conversations of others
Unable to wait

Other

Other

Symptom present:

Yes

Symptom present:

Yes

Part 3: Impairment on account of the symptoms (DSM-V criteria B, C and D)

Criterion B

Have you always had these symptoms of attention deficit and/or hyperactivity/impulsivity?

Yes

Criterion C

In which areas do you have / have you had problems with these symptoms?

Adulthood

Childhood and adolescence

Work/education

Work below level of education
Tire quickly of a workplace
Not achieving promotions
Limited impairment through compensation of high IQ

Education

Achieved education suited to IQ with a lot of effort
Limited impairment through compensation of high IQ

Other

Relationship and/or family

Relationship problems, lots of arguments,
lack of intimacy
Problems with sexuality as a result of
symptoms
Difficulty with housekeeping and/or
administration

Other

Other

Family

Other

Criterion C

In which areas do you have / have you had problems with these symptoms?

Adulthood

Childhood and adolescence

Social contacts

Difficulty maintaining social contacts
Difficulty initiating social contacts
Low self-assertiveness as a result of negative
experiences
Not being attentive (i.e. forget to send a card/
empathising/phoning, etc)

Social contacts

Difficulty maintaining social contacts
Conflicts as a result of communication
problems
Difficulty entering into social contacts
Low self-assertiveness as a result of negative
experiences
Few friends
Being teased
Shut out by, or not being allowed, to do things
with a group

Other

Other

Free time / hobby

Unable to relax properly during free time
Unable to finish a book or watch a film all the
way through
Tire quickly of hobbies
Sensation seeking and/or taking too many
risks
Binge eating

Free time/hobby

Other

Other

Self-confidence / self-image

Negative self-image due to experiences of
failure
Fear of failure in terms of starting new things

**Self-confidence / self-image Free
time/hobby**

Uncertainty through negative comments of
others

Other

Other

Adulthood: Evidence of impairment in two or more areas?

Yes

Childhood and adolescence: Evidence of impairment in two or more areas?

Yes

End of the interview. Please continue with the summary.

Potential details:

N/A

Summary of symptoms A and H/I

Indicate which criteria were scored in parts 1 and 2 and add up

Criterion DSM-V

Symptom	Present during adulthood	Present during childhood
A1. Do you often fail to give close attention to details, or do you make careless mistakes in your work or during other activities? <i>And how was that during childhood (in schoolwork or during other activities)?</i>	Yes	Yes
A2. Do you often have difficulty sustaining your attention in tasks? <i>And how was that during childhood (in play activities)?</i>	Yes	Yes
A3. Does it often seem as though you are not listening when you are spoken to directly? <i>And how was that during childhood?</i>	Yes	Yes
A4. Do you often fail to follow through on instructions and do you often fail to finish jobs or fail to meet obligations at work? <i>And how was that during childhood (when doing schoolwork as opposed to when at work)?</i>	Yes	Yes
A5. Do you often find it difficult to organise tasks and activities? <i>And how was that during childhood?</i>	Yes	Yes
A6. Do you often avoid (or do you dislike, or are you reluctant to engage in) tasks that require sustained mental effort? <i>And how was that during childhood?</i>	Yes	Yes

A7. Do you often lose things that are necessary for tasks or activities? <i>And how was that during childhood?</i>	Yes	Yes
A8. Are you often easily distracted by extraneous stimuli? <i>And how was that during childhood?</i>	Yes	Yes
A9. Are you often forgetful in daily activities? <i>And how was that during childhood?</i>	Yes	Yes
Total number of criteria Attention Deficit	Adult Inattention Total 9.00	Child Inattention Total 9.00
H/I 1. Do you often fidget with or tap hands or feet, or do you often squirm in your seat? <i>And how was that during childhood?</i>	Yes	Yes
H/I 2. Do you often leave your seat in situations where it is expected that you remain seated? <i>And how was that during childhood?</i>	Yes	No
H/I 3. Do you often feel restless? <i>And how was that during childhood?</i>	Yes	No
H/I 4. Do you often find it difficult to engage in leisure activities quietly? <i>And how was that during childhood (in play activities)?</i>	Yes	No
H/I 5. Are you often “on the go” or do you often act as if “driven by a motor”? <i>And how was that during childhood?</i>	Yes	No
H/I 6. Do you often talk excessively? <i>And how was that during childhood?</i>	Yes	Yes
H/I 7. Do you often blurt out an answer before questions have been completed? <i>And how was that during childhood?</i>	Yes	Yes
H/I 8. Do you often find it difficult to await your turn? <i>And how was that during childhood?</i>	Yes	No
H/I 9. Do you often interrupt or intrude on others? <i>And how was that during childhood?</i>	Yes	Yes
Total number of criteria Hyperactivity/Impulsivity	Adult Hyperactivity-Impulsivity Total 9.00	Child Hyperactivity-Impulsivity Total 4.00

Score form

Indicate which criteria were scored in parts 1 and 2 and add up

Criterion A

Childhood - Are several (3 or more) symptoms present of A and/or HI? Yes

Adulthood - Is the number of A characteristics ≥ 5 ? Yes

Adulthood - Is the number of H/I characteristics ≥ 5 ? Yes

Criterion B

Are there signs of a lifelong pattern of symptoms, starting before the 12th year of age? **Choice**
Yes

Criterion C and D

DSM-IV criterion C and D

The symptoms and the impairment are expressed in at least two domains of functioning:

Adulthood Yes

Childhood Yes

Criterion E

The symptoms cannot be (better) explained by the presence of another psychiatric disorder No

Details:

Is the diagnosis supported by collateral information?

Parent(s)/brother/sister/other*,
N/A

* For other, please indicate:

Partner/good friend/other*,
N/A

* For other, please indicate:

School reports

N/A

Explanation

Diagnosis

Diagnosis ADHD*

314.01 Combined presentation type

* If the established sub-types differ in childhood and adulthood, the current adult sub-type prevails for the diagnosis.

Severity

Mild

This will be discussed and finalised in your appointment with Dr Dannhauser.